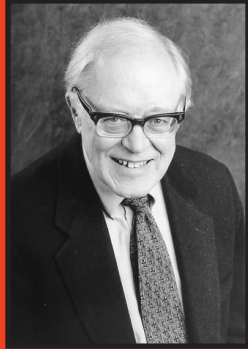


# ●●● Faculty ●●●



**Bill Mallard**

Dr. Bill Mallard is a graduate of Randolph-Macon College (BA, 1949) and Duke Divinity School B.D., 1952 and Ph.D., 1956). He is an ordained elder in the Virginia Conference and taught at Sweet Briar College before joining the staff at Candler. His books include *The Reflection of Theology in Literature*, and more recently *Language and Love: Introducing Augustine's Religious Thought through the Confessions Story*.

Curriculum Description: *Spirituality in John's Gospel: Select moments in John's story of Jesus* will highlight steps along the individual's spiritual journey today: longing, hoping, accepting/surrendering, loving, celebrating/praising. Texts from John will be read together in class.



**Kathleen Flood**

Sr. Kathleen is a Dominican (Order of Preachers) Sister of Sinsinawa, Wisconsin. She is presently the Director of Contemplative Programs and Coordinator of the Mentorship in Spiritual Direction for Stillpoint, Inc, located in Nashville, Tennessee. She serves on the Advisory Board of the Spiritual Formation Academy and teaches in both the two year and Five Day Academies.

She is a retreat leader and spiritual director.

Curriculum Description: *Spirituality and Ways of Healing* will explore the relationship between Christian spirituality and depth psychology, especially what the two have to offer each other. The course should also explore, in a practical way, the possibility of inner healing (particularly in the lives of the participants).

## Typical Daily Schedule

7:30 - 8:00	Morning Prayer
8:00 -	Breakfast
9:00 - 10:00	<b>Curriculum I</b>
10:00 - 11:00	Silence and solitude for prayer and reflection
11:00 - 11:30	Plenary discussion with faculty
12:00 -	Lunch
2:30 - 3:30	<b>Curriculum II</b>
3:30 - 4:30	Silence and solitude for prayer and reflection
4:30 - 5:00	Plenary discussion with faculty
5:15 - 6:00	Evening Prayer/ Eucharist
6:00 -	Dinner
7:30 - 9:00	Covenant Groups
9:15 - 9:30	Night Prayer

## Registration Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Church \_\_\_\_\_

Email \_\_\_\_\_

If you would like to enroll in the 5 Day Academy and pay part of the fees in 2009 you may do so. **A non-refundable deposit of \$100 is required with the registration.** If you would like to pay half of the registration fee out of 2009 budget you may do so.

Would you like to receive CEUs? \_\_\_\_\_  
(3.0 CEUs Offered)

Total cost \$500.00  
Includes (Room, board, and program fees)

Amount Enclosed \_\_\_\_\_

**Return to and make checks payable to:**

**Five Day Academy  
For Spiritual Formation  
4908 Colonial Drive  
Columbia, SC 29203**

Contact:  
Jim Arant, Retreat Leader  
803-727-0327  
jarant@umcsc.org

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Permit No. 392  
Columbia, SC

# Five Day Academy For Spiritual Formation



**April 11-16, 2010**

White Oak Conference Center  
Winnsboro, SC

**Step Out Of The Traffic...**  
and take a long, loving  
look at Me, your high God  
(Ps. 46:10, The Message)

Sponsored by  
The Upper Room and  
The South Carolina Conference  
of the United Methodist Church

## What is... The Five Day Academy for Spiritual Formation?

- ♦ A disciplined Christian Community emphasizing holistic spirituality – nurturing body, mind and spirit. Intended for both clergy and laypersons who hunger for rich spiritual experiences.
- ♦ A retreat following the rhythm of study, prayer, rest and community.
- ♦ A setting where morning and evening prayer and Holy Communion frame each day.
- ♦ A place to rediscover Christianity's rich, spiritual heritage through worship, learning, and fellowship.
- ♦ A time and space for learning, discerning, and sharing our spiritual journeys with others.
- ♦ A time of learning new ways to deepen our relationship with God and learning how to live as faithful witnesses of God's love in this world.

## Cost Includes

**\$500.00**

Room, board, and program fees. All rooms are single occupancy which is part of the Academy tradition.

**CEUs Offered 3.0**

## Five Day Academy for Spiritual Formation Testimonials

I participated in the Five Day Academy more from a feeling that I was supposed to be there than from any expectation of what I would glean from my participation. Now, a year later, ***I am convinced that calling was the Spirit inviting me to come away for awhile.***

Rev. Jim Hunter, Hibben UMC,  
Mt Pleasant

The Five Day Academy for Spiritual Formation came at a time when I was seeking something more in my spiritual life, but didn't know how to proceed. Then I heard about the Academy and felt God called me to attend. ***In the Academy I was immersed into a deeply beautiful flow of teaching, solitude, prayer, and sharing.***

Mrs. Betty Kay Hudson, lay member of  
Spiritual Formation Task Group

The Academy for Spiritual Formation week I attended was ***filled with love and grace***. There was learning and growing, ***new friends*** and exciting discoveries as ***I grew closer to God*** through worship, prayer, lecture/discussion, and fellowship and experienced His amazing mercy and peace.

Connie Glass,  
member of First Baptist, Greenville, SC  
Cooperative Baptist Fellowship

My Five-Day Academy experience was ***a refreshing invitation into a new way of ordering my life***. Through the intentional rhythm of study, worship, fellowship, and rest, space was created for me to peer more deeply into the calling that God has placed upon my life.

Blake Kendrick, Associate Pastor,  
First Baptist, Greenwood  
Cooperative Baptist Fellowship

Connectional Ministries  
4908 Colonial Dr  
Columbia, SC 29203